

Suicide Prevention Task Force
10/19/22

Meeting called to order at 1207.

- Motion to approve minutes by John Burch and seconded by Kayleigh Martinez.
- Treasurer: Monique stated the vent cost \$6553.39. Continue with Henry at Novocom for \$6250. If there is a change in services the cost would be \$9,000. Motion to continue with current services by Monique Lopez and seconded by Kristin Drake. Everything is paid with a balance of \$3254.
- Discussed CDC current statistics on suicide for the year of 2020-2021. Continues with drug poisoning by females and lethal means by males. In Seniors for males is highest in 65 years and older. For females the spike is 45-54.
- Introduction to Brandon Estrada who works with the Peak Behavioral and NAMI who works with Richard Lima is on Never Ride Alone which is a cross country bicycle ride for suicide prevention and awareness. He states his history started with his brother's suicide. He works with 11 different non profit agencies and wanted to do something different for suicide awareness. States stopping the next suicide must be community awareness. He has outreach events with trek stores which help keep him on the road. There are video news conferences and newspaper articles.

Richard's goals are to reach with social media and increased contact with people on his ride. 80% of his ride is through smaller towns along Rte 66 which gives him the encouragement to address suicidal ideation. Recognizes small towns need help.

He has learned a lot about himself. Future plans: it becomes normal to talk about mental illness and spread into the communities. For more information contact Brandon at www.neverridealone.org. Brandon organizes regional rides.

- Summit: Plan to do better next year. Content of presentations were impactful but small attendance.
- May is Mental Health. Possible event with NMSU in infancy stage. Possible plan to use LC3 funds.
- Next meeting: Possibly Bair Foundation. Previously have reached out to FYI, MVH (for November or December), and LCDF for future presentations. Robyn Rehbein is scheduled for January 2023.
- Survivors Of Suicide (SOS) has 3 facilitators to have a training. Need 4-5.

Meeting adjourned at 1:25.

Next meeting November 16, 2022 12:00 - 1:30 pm