



This is a first annual summit focused on child welfare, recovery, and suicide prevention and awareness. It is a collaboration between Families & Youth, Inc., a local non-profit providing community based behavioral health services, and the City of Las Cruces Mayor's Suicide Prevention Taskforce, whose mission is to "reduce and eliminate suicide in our community". The summit provides a variety of speakers and tools focused on data, innovative strategies, and service and intervention programs. There are CEUs (Continued Education Units) available to participants. Breakfast & lunch are provided. Registration fee is \$30 for participants. Vendor booths are available to reserve for a \$25 fee.

This year's 5th Annual Recovery Night Celebration - free and open to the public - is also included as part of the summit. Recovery Night celebrates recovery with entertainment for the whole family. There will be food, entertainment, an art contest, testimonials, music, and plenty of fun for everyone!

Come join us on Tuesday, September 14, and Wednesday, September 15, at the Las Cruces Convention Center, 680 E. University Avenue, for an informative and fun-filled event. Please see the itinerary below for detailed information.

Tuesday, September 14:

8:00-8:30 Registration & Breakfast

8:30-9:00 Introduction & Welcome: Mateo Ortega, Families & Youth Inc, La Vida Innovative Youth Services

9:00-10:00 Keynote Speaker, City of Las Cruces Mayor Pro Tem Kasandra Gandara, "Reflection: Past, Present, Future-Coming Out of the Chaos"

10:00-10:45 Breakout Sessions #1

Room 1- Marianne Hernandez-Jimenez, LMSW, County Office Manager, Dona Ana County Investigations and In-Home Services, State of NM Children, Youth, & Families Division, "Family Connections"

Room 2- Cynthia Garcia, LMHC, "An Overview of FYI's Juntos Program - Community Based Prevention & Intervention"

Room 3- Paul Ford, Mobile Integrated Healthcare Coord, Thomas Hart, Paramedic Firefighter & Allison Stoner, Social Worker, "Opioid Outreach Program"

10:45-11:00 Break

11:00-12:00 Breakout Sessions #2

Room 1 – Amanda Barela, LCSW, LADAC, District Coordinator of Community Schools, Las Cruces Public Schools

Room 2 – Michelle Schilling, LPCC, Assistant Clinical Director, Families & Youth Inc, "Understanding Attachment"

Room 3 – Judy Baca, Business Development Manager, Mesilla Valley Hospital, "Erase the Stigma"

Room 4- Athena Huckaby, MPH, Community Outreach Coordinator, Ideal Option

12:00-1:00 Networking lunch on site

1:00-2:00 Breakout Sessions #3

Room 1 – Betsy Hoxworth, Trust-Based Relational Intervention Practitioner

Room 2 – Lisa Chavez, Clinical Director, FYI, "Dare to Lead - How understanding courage and vulnerability impacts service delivery for child welfare practitioners at FYI"

Room 3 - Paul Ford, Mobile Integrated Healthcare Coord, Thomas Hart, Paramedic Firefighter & Allison Stoner, Social Worker, "Opioid Outreach Program"

2:00-2:15 **Break**

2:15-3:00 **Breakout Sessions #4**

Room 1 – TBD

Room 2 – Cynthia Garcia, LMHC, FYI, “An Overview of Trauma Focused Cognitive Behavioral Therapy”

Room 3 - TBD

3:00-4:00 **Closing Speaker – Betsy Hoxworth, “Introduction to Trust-Based Relational Intervention”**

Wednesday, September 15:

8:00-8:30 **Registration, Check-in & Breakfast**

8:30-9:00 **Welcome**, Mateo Ortega, Families & Youth Inc, La Vida Innovative Youth Services

9:00-10:00 **Opening Speaker-Elizabeth Palyu, LCSW, Director of Clinical Services, Peak Behavioral Health, “Continuum of Care in Recovery”**

10:00-10:45 **Breakout Sessions #1**

Room 1 – Brad Cherry, Peak Behavioral Health, “Substance Abuse and Severe Mental Illness”

Room 2 – Desirae Rosenthal, LMSW, Outpatient Services Clinical Program Manager, Mesilla Valley Hospital (Topic TBD)

Room 3 - Speaker TBD, Encompass Home Health Agency

10:45-11:00 **Break**

11:00-11:45 **Breakout Sessions #2**

Room 1 – Lisa Chavez, Clinical Director, FYI, “Dare to Lead - How understanding courage and vulnerability impacts service delivery for child welfare practitioners at FYI”

Room 2 – Cynthia Garcia, LMHC, FYI, “An Overview of Trauma Focused Cognitive Behavioral Therapy”

Room 3 - Judy Baca, Business Development Manager, Mesilla Valley Hospital, “Erase the Stigma”

12:00-1:00 **Keynote speaker during lunch: Dr. Peter Sangra, M.D., Child & Adolescent Psychiatrist , Peak Behavioral Health, “Substance Use in Youth”**

1:00-2:00 **Breakout Sessions #3**

Room 1 – Michelle Schilling, LPCC, Assistant Clinical Director, FYI, “Understanding Attachment”

Room 2 – Betsy Hoxworth, Trust-Based Relational Intervention Practitioner

Room 3 - Paul Ford, Mobile Integrated Healthcare Coord, Thomas Hart, Paramedic Firefighter & Allison Stoner, Social Worker, “Opioid Outreach Program”

Room 4 - Karla Palacios, MS, CTRS, Recreation Therapy Supervisor, Mesilla Valley Hospital (Topic TBD)

2:00-3:00 **Closing Speaker: Dr. Uga Aghaegbulam, M.D. Chief Medical Officer and Board-certified Internist & Psychiatrist Mesilla Valley Hospital Medical Director (Topic TBD)**

5:00-8:00 5th Annual Recovery Night Celebration

***Last updated 8/5**