

7/20/22 Minutes

Meeting called to order at 12:00 PM.

Reminder that the position for secretary is still open and agencies can help arrange for presenters.

Minutes: motion for approval by Sharon Tariol. Seconded by Judy Baca.
Approved.

Presentation on ACEs and Connections to Suicidality by Brad Cherry LPC, ACT
Program Administrative Director.

- Areas covered by ACEs are child/adolescent, sexual abuse, child/adolescent abuse/trauma, serious mental illness, and other areas for adults.
- Trauma perspective for youth/adults.
- ACE found between infant and adult.
- Trauma most likely leads to serious mental health problems in youth. Intentional, prolonged, repeated.
- Typical trauma is related to symptoms of mental health.
- Original ACEs study by Dr. Nadine Burke Harris. TED video: How childhood trauma affects health across the lifetime. [YouTube Nadine Burke Harris TED talk How childhood trauma affects health across a lifetime | Nadine Burke Harris.](#)
- Reflecting on your experiences
- ACE study findings.
- ACE connection found with increased suicidality.
- Cumulative ACEs and mental health
- Treatment.

Survivors of Suicide (SOS) - Kelly Monk.

- Program is an 8 week group.
 - Week 1 - Introduction.
 - Week 2-4 Share stories with bereavement focus.
 - Week 5-8 Work on bereavement.
- Training is typically 8 hours, but since the task force is aware of issues SOS is considering a 4 hour course.
- Task Force has voted to participate in SOS.
- Determine date of meeting with SOS.

Recovery Event update:

- Summit and event will be September 30.
- The Summit will be at the Farm and Ranch Museum.
- The Event will be at the downtown plaza.
- Table costs: \$25.00 for non-profit agencies and \$75.00 for profit agencies. If a commitment is made, table costs will be waived. Due the first week of September.

Next meeting is virtual on August 17 12:00-1:30

Meeting ended at 1:15 PM.